

## GENERAL STUDIES

Good day students

Thank you for your hard work and commitment. We were nearly finished with the syllabi and then "life happened". With the help of the previous catch up plans, we made it, we managed to work through it all!

Please keep on doing these activities given to you, pace yourself and monitor/double check yourself by using all the documents/resources attached.

DATE	SUBJECT	ACTIVITY
<b>HOSPITALITY N4</b>		
11 – 15 May 2020	Catering Theory & Practical N4	<p><b><u>Module 2: Plant Food</u></b></p> <ul style="list-style-type: none"> <li>• Catering Theory – Nina Myburgh p78 – 147 (read)</li> <li>• Notes p50 – 81 (read)</li> </ul> <p><u>Download the file:</u></p> <ul style="list-style-type: none"> <li>• N4 Catering Theory &amp; Practical Plant Food Slideshow - <b>look</b></li> <li>• N4 Catering Theory &amp; Practical - Plant Food Terminology - <b>read/study</b></li> <li>• N4 Catering Theory &amp; Practical Plant Food (Workbook Activity) - <b>do</b></li> <li>• N4 Catering Theory &amp; Practical - Plant Food Workbook (Extra Questions) - <b>do</b></li> <li>• N4 Catering Theory &amp; Practical - Plant Food (Workbook Memo) – <b>mark ✓</b></li> <li>• N4 Catering Theory &amp; Practical - Plant Food Workbook Q1.2 Memo – <b>mark ✓</b></li> </ul>
11 – 15 May 2020	Nutrition & Menu Planning N4	<p><b><u>Module 3: Food Requirements and Nutritional Guidelines</u></b></p> <ul style="list-style-type: none"> <li>• Future managers p21 – 44 (read)</li> <li>• Notes p14 – 24 (read)</li> </ul> <p><u>Download the three files:</u></p> <ul style="list-style-type: none"> <li>• N4 Nutrition and Menu Planning Mod 3 Slideshow - <b>look</b></li> <li>• N4 Nutrition and Menu Planning Mod 3 Activities (1 - 6) from Future - <b>do</b></li> <li>• N4 Nutrition and Menu Planning Mod 3 Activities (1-6) Memo from Future – <b>mark ✓</b></li> </ul>

<p>11 – 15 May 2020</p>	<p>Sanitation &amp; Safety N4</p>	<p><b><u>Module 2: Health</u></b></p> <ul style="list-style-type: none"> <li>• Future managers p41 – 68 (read)</li> <li>• Notes p37 – 57 (read)</li> </ul> <p><i><u>Download the five files:</u></i></p> <ul style="list-style-type: none"> <li>• N4 Sanitation and Safety Mod 2 Slideshow - look</li> <li>• N4 Sanitation and Safety Mod 2 Activities (1-5) from Future - do</li> <li>• N4 Sanitation and Safety Mod 2 Activities (1-5) Memo from Future – mark ✓</li> <li>• N4 Sanitation and Safety Mod 2 Summative Assessment (Q1-7) from Future - do</li> <li>• N4 Sanitation and Safety Mod 2 Summative Assessment (Q1-7) Memo from Future – mark ✓</li> </ul>
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